

No Manifesto, 1965
by Yvonne Rainer

No to spectacle.

No to virtuosity.

**No to transformations and
magic and make-believe.**

**No to the glamour and
transcendency of the star
image.**

No to the heroic.

No to the anti-heroic.

No to trash imagery.

**No to involvement of
performer or spectator.**

No to style.

No to camp.

**No to seduction of spectator by
the wiles of the performer.**

No to eccentricity.

No to moving or being moved.

A Manifesto Reconsidered,
2008
by Yvonne Rainer

Avoid if at all possible.

Acceptable in limited quantity.

**Magic is out; the other two are
sometimes tolerable.**

Acceptable only as quotation.

Dancers are ipso facto heroic.

Don't agree with that one.

Don't understand that one.

Stay in your seats.

Style is unavoidable.

A little goes a long way.

Unavoidable.

**If you mean “unpredictable,”
that's the name of the game.**

Unavoidable.